

Self Empowerment Workshop with Dr Pooja Maddela

Saturday 18th May, Point Chev, Auckland

"Let the beauty you love be what you do" - Rumi

Self Empowerment is the process of freedom for effective way of living.

Personal empowerment has a positive impact on our daily actions and interactions with others

Come on a journey where traditional wisdom, scientific understanding and inner transformation converge



- Understand the holistic view of Self Empowerment to reorient yourself

- Explore traditional techniques to clear the mental blockages for self healing and transformation
- Recognise the abundant potential within for living life to the fullest.



When: Saturday 18th May 2019 – 11.45 am to 1.00 pm

Venue: The Old Homestead Community House, 92 Point Chevalier Rd, Point Chevalier, Auckland 1022

Cost: Early bird \$50.00 if paid by 11th May and \$60.00 if paid after 11th May

How to register: Please pay online using your name as a reference: 02-0184-0111353-000 then email or text us to let us know you have paid and booked

Contact details: drpoojamaddela@gmail.com or 021 124 1890